

HORARIOS AGORA BOX4ALL

	LUNS	MARTES	MÉRCORES	XOVES	VENRES	SÁBADO
7:00	CROSSTRaining		CROSSTRaining		CROSSTRaining	
8:00	GAP		CROSSTRaining		GAP	
9:00	CROSSTRaining		CROSSTRaining		CROSSTRaining	
9:30						CALISTENIA
10:00	CROSSTRaining	INICIACIÓN CROSS	CROSSTRaining	CROSSTRaining	CROSSTRaining	
	XIMNASIA T.	PILATES	XIMNASIA T.	PILATES	PILATES	
	BOXEO		BOXEO			
10:30						CROSSTRaining
11:00	ZUMBA	PILATES T.	ZUMBA	INICIACIÓN CROSS	ZUMBA	
				XIMNASIA T.		
11:30						DEKA TRAINING

17:00		BOXEO		BOXEO	
		CROSSTRaining		CROSSTRaining	
18:00	XIMNASIA T.	BOXEO INFANTIL	IOGA	BOXEO INFANTIL	PILATES T.
		INICIACIÓN CROSS		INICIACIÓN CROSS	
19:00	GAP	CROSSTRaining	CROSSTRaining	CROSSTRaining	GAP
	ZUMBA				
	SANDA				
20:00	CROSSTRaining	CALISTENIA	HALTEROFILIA	CALISTENIA	CROSSTRaining
	PILATES	GAP	PILATES	GAP	BAILE LATINO
21:00	CROSSTRaining	CROSSTRaining	ACROSPORT	CROSSTRaining	CROSSTRaining
	IOGA				